


THANK YOU FOR REQUESTING THE CHICKEN CRUST MAGHERITA PIZZA RECIPE
IF YOU LIKE THIS RECIPE YOU WILL
ABSOLUTELY  LOVE THE TOTAL HEALTH PROGRAM I AM FOLLOWING.
I AM ACHIEVING RESULTS LIKE NEVER BEFORE!!
FOR MORE PROGRAM INFO TEXT 412-861-0007 OR EMAIL [KIRSTEN@MOVEWITHMACK.COM](mailto:kirsten@movewithmack.com)



chicken crust magherita pizza

ingredients

- 1/2 lb ground chicken breast
- 1 egg
- 2 Tbsp grated parmesan cheese
- 1/2 tsp Italian seasoning
- Cooking spray
- 1/2 cup no sugar added tomato sauce (such as Rao's Homemade)
- 1/2 cup reduced fat shredded Mozzarella cheese
- 2 plum tomatoes, sliced
- 1/4 cup chopped basil

MAKES 2 SERVINGS

TIME: 30 MINUTES

TOTAL HEALTH PLAN MEMBERS:

1 LEAN | 2 GREEN | 2 CONDIMENT

directions

1. Preheat oven to 400 °F.
2. Combine ground chicken breast, egg, Parmesan cheese and Italian season in a medium-sized bowl. Form the chicken mixture into a thin, circular crust shape onto a parchment-lined, lightly greased baking sheet. Bake until golden, about 20 minutes
3. Top with sauce, cheese, and tomato slice, and bake until cheese is melted, about 7 to 10 minutes.
4. Top with fresh basil before serving.